



ENTREE KIT

BLACK PEPPER CHICKEN

Fully cooked grilled chicken breast mixed with a premium blend of green beans, red bell peppers, onions, and water chestnuts tossed in a peppery soy sauce.

0g | **NO**
TRANS FAT | **MSG**

Product Specifications

Item: 40233



Black Pepper Chicken

Product Description:

Fully cooked grilled chicken breast mixed with a premium blend of green beans, red bell peppers, onions and water chestnuts tossed in a peppery soy sauce.

Ingredient Statement:

FULLY COOKED CHICKEN & VEGETABLE BLEND (GRILLED SEASONED GLAZED CHICKEN BREAST (CHICKEN BREAST, CHICKEN BROTH, POTATO STARCH, SALT, MALTODEXTRIN, AUTOLYZED YEAST EXTRACT, TORULA YEAST), GREEN BEANS, RED BELL PEPPERS, ONIONS, WATER CHESTNUTS), BLACK PEPPER SAUCE: WATER, LESS SALT SOY SAUCE (WATER, WHEAT, SOYBEANS, SALT, ALCOHOL-TO RETAIN FRESHNESS, VINEGAR AND LACTIC ACID), SUGAR (CANE), MODIFIED FOOD STARCH, GARLIC, YEAST EXTRACT, BLACK PEPPER, CARAMEL COLOR.
CONTAINS: SOY AND WHEAT.

Preparation Instructions: These products are not ready to eat. Please follow the appropriate instructions.

COLD CASE PROGRAM: Thaw sauce overnight. Mix frozen protein and vegetables with thawed sauce until protein and vegetables are completely coated with sauce and transfer to display bowl. **REHEATING FROM COLD CASE:** Remove lid from bowl. Microwave on high for 2 ½-3 minutes or until internal temperature reaches 165°F.

HOT CASE PROGRAM: OVEN: Preheat oven to 375°F. Arrange chicken and vegetables on tray. Bake for 15 minutes. Thaw sauce bag under running water for approximately 2 minutes. Pour sauce over chicken and vegetables and bake an additional 15 minutes or until hot. **STEAMER:** Thaw sauce bag under running water for approximately 2 minutes. Empty chicken & vegetables in a steam proof pan. Pour sauce over chicken & vegetables. Cover tightly with food film. Secure tightly with foil (optional). Steam for approximately 30-40 minutes or until hot. Remove cover, stir and serve. **MICROWAVE: CHICKEN AND VEGETABLES:** Vent bag and heat on "High" for 6-8 minutes, rotate and heat an additional 6-8 minutes. **SAUCE:** Vent bag and heat on "High" for 6-8 minutes. Mix protein, vegetables and sauce together.
Hold in steam table at > 140°F. Minimum internal temperature should be 165°F for at least 15 seconds.

Pack Facts:

Pack:	3/3lb Chicken and Vegetable Blend, 3/2lb Sauce
Piece Count/Pkg:	Not Applicable
Piece Count/Case:	Not Applicable
Case Net Wt (Lbs):	15
Case Gross Wt (Lbs):	16.5
Case Dimension:	16.125"L x 10.375"W x 6.85"H
Case Cube:	0.66
Cases/Pallet Layer:	10
Layers/Pallet:	12
Cases/Pallet:	120
Package Dimension:	NA
UPC:	00695119402335
GTIN:	10695119402332

Nutrition Facts

Serving Size 100 g (100 grams)

Servings Per Container:

Amount Per Serving

Calories 80 **Calories from Fat** 5

% Daily Value

Total Fat 0.5 g 1%

Saturated Fat 0 g 0%

Trans Fat 0 g 0%

Cholesterol 15 mg 5%

Sodium 500 mg 22%

Total Carbohydrate 11 g 4%

Dietary Fiber 1 g 4%

Sugars 6 g

Protein 7 g

Vitamin A 10% Vitamin C 30%

Calcium 2% Iron 6%

Shelf Life: Product must be kept refrigerated or frozen

Frozen:	18 months
Refrigerated:	3 days
Holding @140° F:	2 hours
Ambient Storage:	N/A

Origination: 1/29/2015 Effective:

Reviewed: Printed: 10/9/2018

Version: