



ENTREE KIT

SWEET & SOUR CHICKEN WITH VEGETABLES

Crispy battered, fully cooked tempura chicken breast tossed in an authentic red sweet & sour sauce with red peppers and pineapple.

0g
TRANS FAT

NO
MSG

Product Specifications

Item: 40230



Sweet & Sour Chicken w/Vegetables

Product Description:

Frozen fully cooked Crispy Chicken Breast with a thick Red Sweet and Sour Sauce with red peppers & pineapple

Ingredient Statement:

TEMPURA CHICKEN BREAST: CHICKEN BREAST MEAT, WATER, CORNSTARCH, BLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID). CONTAINS LESS THAN 2% OF DEXTRIN, EGG WHITES, EGG YOLKS, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), MODIFIED POTATO STARCH, NONFAT DRY MILK, RICE FLOUR, SALT, SODIUM PHOSPHATE, XANTHAN GUM. COOKED IN VEGETABLE OIL. RED SWEET & SOUR SAUCE: SUCROSE, WATER, VINEGAR, MODIFIED FOOD STARCH, SOYBEAN OIL, XANTHAN GUM, SODIUM BENZOATE (PRESERVATIVE), SALT, FD&C RED #40, FD&C YELLOW #6, FD&C YELLOW #5. VEGETABLES: RED PEPPERS, PINEAPPLE. CONTAINS WHEAT, MILK, EGGS.

Preparation Instructions: These products are not ready to eat. Please follow the appropriate instructions.

COLD CASE PROGRAM: Thaw sauce overnight. Mix frozen protein and vegetables with thawed sauce until protein and vegetables completed are coated with sauce and transfer to display bowl. REHEATING FROM COLD CASE: Remove lid from bowl. Microwave on high for 2 1/2-3 minutes or until internal temperature reaches 165°F.

HOT CASE PROGRAM: PROTEIN: DEEP FRY: Deep fry protein at 350°F for 3-4 minutes. OVEN: Bake at 375°F for 10-12 minutes with no sides touching.

SAUCE: MICROWAVE: Vent sauce bag and heat on "High" for 10-12 minutes. STEAMER: Place sauce bag in steam proof pan and heat for 30 minutes.

VEGETABLES: MICROWAVE: Vent vegetable bag and heat on "High" for 3-4 minutes. STEAMER: Place vegetable bag in steam proof pan and heat for 30 minutes. Drain excess liquid. Mix protein, vegetables and sauce together and hold in steam table at > 140°F.

Minimum internal temperature should be 165°F for at least 15 seconds.

Pack Facts:

Pack:	3/2 lb Chicken, 3/2 lb Sauce, 3/1.25 lb Vegetables
Piece Count/Pkg:	Not Applicable
Piece Count/Case:	Not Applicable
Case Net Wt (Lbs):	15.75
Case Gross Wt (Lbs):	17
Case Dimension:	16.125"L x 10.375"W x 6.85"H
Case Cube:	0.66
Cases/Pallet Layer:	10
Layers/Pallet:	10
Cases/Pallet:	100
Package Dimension:	NA
UPC:	00695119402304
GTIN:	10695119402301

Nutrition Facts

Serving Size (100 g)

Servings Per Container:

Amount Per Serving

Calories 170 **Calories from Fat** 35

% Daily Value

Total Fat 4 g 6%

Saturated Fat 0.5 g 3%

Trans Fat 0 g

Cholesterol 15 mg 5%

Sodium 170 mg 7%

Total Carbohydrate 28 g 9%

Dietary Fiber 1 g 4%

Sugars 17 g

Protein 6 g

Vitamin A 0% Vitamin C 50%

Calcium 0% Iron 2%

Shelf Life: Product must be kept refrigerated or frozen

Frozen:	18 months
Refrigerated:	3 days
Holding @140° F:	2 hours
Ambient Storage:	N/A

Origination: 1/16/2015 Effective: 2/12/2019

Reviewed: 2/12/2019 Printed: 2/12/2019

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