



SIDE DISH

LO MEIN NOODLES

Asian style noodles.

0g
TRANS FAT

NO
MSG


VEGETARIAN

Product Specifications



Lo Mein Noodles

Item Number: 36315

Product Description:

An Asian style noodle.

Ingredient Statement:

Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Soybean Oil, Natural Yellow Color (Turmeric and Annatto Color), Salt, Potassium Carbonate, Sodium Carbonate. Contains: Wheat. Manufactured on equipment that processes eggs.

Preparation Instructions: These products are not ready to eat. Please follow the appropriate instructions.

PREPARATION: Thaw in cooler overnight. Place thawed noodles into a colander and rinse under warm water loosening noodles with your hands until noodles are separated. Drain and portion. COOKING: Heat oil and stir fry meats and/or vegetables. Add Lo Mein noodles with 1/2 cup of water per pound of noodle. Blend in Lo Mein noodles and add seasoning or sauce to taste. For a softer texture, add more water.

Pack Facts:

Pack:	6/5 lb.
Piece Count/Pkg:	Not Applicable
Piece Count/Case:	Not Applicable
Case Net Wt (Lbs):	30
Case Gross Wt (Lbs):	31.5
Case Dimension:	13.25" x 11.75" x 11.25"
Case Cube:	1.01
Cases/Pallet Layer:	10
Layers/Pallet:	5
Cases/Pallet:	50
Package Dimension:	" x " x "
UPC:	
GTIN:	00695119363155

Nutrition Facts

Serving Size 4 oz (113 g)

Servings Per Container:

Amount Per Serving

Calories 230 **Calories from Fat** 25

% Daily Value

Total Fat 2.5 g 4%

Saturated Fat 0 g 0%

Trans Fat 0 g 0%

Cholesterol 0 mg 0%

Sodium 45 mg 2%

Total Carbohydrate 44 g 15%

Dietary Fiber 2 g 6%

Sugars 1 g

Protein 6 g

Vitamin A 0% Vitamin C 0%

Calcium 0% Iron 15%

Shelf Life: Product must be kept refrigerated or frozen

Frozen:	16 months
Refrigerated:	7 days unopened
Holding @140° F:	90 minutes
Ambient Storage:	N/A