



**SIDE DISH**

# CHICKEN FRIED RICE

A delicious combination of rice, dark meat chicken, onions, carrots, scrambled egg, red bell peppers, and peas.

**0g**  
TRANS FAT

**NO**  
MSG



## IQF Chicken Fried Rice

### Product Description:

A delicious combination of fried rice, dark meat chicken, onions, carrots, scrambled egg, red bell pepper and peas.

### Ingredient Statement:

COOKED RICE, SOY SAUCE (WATER, WHEAT, SOYBEAN, SALT, ALCOHOL [TO RETAIN FRESHNESS]), COOKED SEASONED CHICKEN DARK MEAT (CHICKEN DARK MEAT, SOY SAUCE [WATER, WHEAT, SOYBEAN, SALT], WATER, SUGAR, SWEET COOKING RICE WINE [SAKE (WATER, RICE, KOJI {ASPERGILLUS ORYZAE}), SUGAR, WATER, SALT, YEAST EXTRACT], SAKE [WATER, RICE, KOJI {ASPERGILLUS ORYZAE}, SALT], SALT), ONION, CARROT, SCRAMBLED EGG (WHOLE EGG, MODIFIED FOOD STARCH, CITRIC ACID [TO PRESERVE COLOR]), GREEN PEA, RED BELL PEPPER, SUGAR, CORN OIL, SESAME OIL.  
CONTAINS WHEAT, SOYBEAN, EGG.

### Preparation Instructions: These products are not ready to eat. Please follow the appropriate instructions.

**COLD CASE PROGRAM:** Heat product to 165°F for at least 15 seconds, using instructions below. Then chill product until it reaches 40°F. Transfer product to display bowl and place in cold case. **REHEATING FROM COLD CASE:** Place in microwave safe container. Microwave on high for 2 ½-3 minutes or until internal temperature reaches 165°F.

**HOT CASE PROGRAM: MICROWAVE** Poke 4 small holes in the bag to vent steam. Place in a microwave and heat on "High" for 4-6 minutes. Knead product in bag to ensure even heating. Heat an additional 5 minutes or until hot. Heating time may vary due to microwave wattage. **OVEN:** Spray pan with oil. Empty rice into a pan and cover with foil. Bake at 375°F for 15 minutes. **STEAMER:** Poke 4 small holes in the bag to vent steam. Place bag into steam proof pan. Place pan into steamer. Steam for 15 minutes. Shake bag and return to steamer for an additional 15 minutes or until hot. Minimum internal temperature should be 165°F for at least 15 seconds.

### Pack Facts:

<b>Pack:</b>	12/2 lb
<b>Piece Count/Pkg:</b>	Not Applicable
<b>Piece Count/Case:</b>	Not Applicable
<b>Case Net Wt (Lbs):</b>	24
<b>Case Gross Wt (Lbs):</b>	25.5
<b>Case Dimension:</b>	17.5"L x 14.75"W x 5.875"H
<b>Case Cube:</b>	0.88
<b>Cases/Pallet Layer:</b>	6
<b>Layers/Pallet:</b>	6
<b>Cases/Pallet:</b>	36
<b>Package Dimension:</b>	NA
<b>UPC:</b>	00695119299034
<b>GTIN:</b>	10695119299031

### Nutrition Facts

Serving Size (100 g)

Servings Per Container:

Amount Per Serving

**Calories** 150 **Calories from Fat** 20

**% Daily Value**

<b>Total Fat</b>	2 g	3%
Saturated Fat	0 g	0%
Trans Fat	0 g	0%
<b>Cholesterol</b>	20 mg	7%
<b>Sodium</b>	480 mg	20%
<b>Total Carbohydrate</b>	26 g	9%
Dietary Fiber	1 g	4%
Sugars	3 g	
<b>Protein</b>	5 g	
Vitamin A	6%	Vitamin C 6%
Calcium	2%	Iron 4%

### Shelf Life: Product must be kept refrigerated or frozen

<b>Frozen:</b>	12 months
<b>Refrigerated:</b>	3 days
<b>Holding @140° F:</b>	2 hours
<b>Ambient Storage:</b>	N/A