

SKU INFORMATION



Vegetable Potstickers - Green Skin

Item Number: 60003

Product Description:

Vegetable Potstickers - Green Skin

Ingredient Statement:

Cabbage, Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Reduced Iron, Riboflavin, Folic Acid), Water, Onion, Tofu, Carrot, Potato, Vegetable Shortening, Mung Bean Noodles, Textured Vegetable Protein (Soy Flour), Green Onion, Soy Sauce (Water, Wheat, Soybeans and Salt), Mushroom, Vegetable Oil, Salt, , Potato Starch, Spinach Powder, Garlic, Ginger, Sugar, Sesame Oil (Sesame Seed Oil, Soybean Oil), White Pepper. ALLERGENS: Contains Soy, Wheat.

Preparation Instructions:

Deep Fry: Cook from frozen state at 350F for 2 1/2 minutes until golden brown. Pan Fry: Heat small amount of oil in skillet. Place frozen potstickers in skillet and fry until slightly brown. Reduce heat to low. Add 1/2 cup water to pan. Cover and simmer 4-5 minutes, or until liquid is absorbed. Serve immediately. Steam: Place in steamer for 8-10 minutes, or until hot. Microwave: 2-3 minutes or until heated through.

Pack Facts:

Pack:	24/12 pc
Piece Count/Pkg:	12
Piece Count/Case:	288
Case Net Wt (Lbs):	11.4
Case Gross Wt (Lbs):	12.75
Case Dimension:	19.19" x 10.38" x 7.75"
Case Cube:	0.89
Cases/Pallet Layer:	8
Layers/Pallet:	10
Cases/Pallet:	80

Shelf Life:

Frozen:	12 months
Refrigerated:	14 days
Holding @140° F:	n/a

Nutrition Facts

Serving Size 5 pieces (90 g)

Servings Per Container

Amount Per Serving

Calories 170 **Calories from Fat** 60

% Daily Value

Total Fat 6 g 10%

Saturated Fat 1.5 g 9%

Trans Fat 0 g 0%

Cholesterol 0 mg 0%

Sodium 390 mg 16%

Total Carbohydrate 23 g 8%

Dietary Fiber 1 g 5%

Sugars 1 g

Protein 6 g

Vitamin A 15% Vitamin C 25%

Calcium 4% Iron 8%