

# SKU INFORMATION



## IQF Chicken Fried Rice

Item Number: 29903

### Product Description:

A delicious combination of fried rice, chicken leg meat, onions, carrots, scrambled egg, red bell pepper and peas.

### Ingredient Statement:

COOKED RICE, SOY SAUCE (Water, Wheat, Soybean, Salt, Alcohol [to retain freshness]), COOKED SEASONED CHICKEN DARK MEAT (Chicken Dark Meat, Water, Soy Sauce [water, wheat, soybean, salt], Sugar, Sweet Cooking Rice Wine [rice, water, koji {Aspergillus oryzae}, sake yeast {Saccharomyces cerevisiae}, sugars, salt], Sake [rice, water, koji {Aspergillus oryzae}, salt], Sodium Phosphate, Spice, Soybean Oil), ONION, CARROT, SCRAMBLED EGG (Whole Egg, Skim Milk, Soybean Oil, Modified Food Starch, Salt, Xanthan Gum, Liquid Pepper Extract, Citric Acid, Natural and Artificial Butter Flavor [butter {cream, milk}, lipolyzed butter oil, medium chain triglycerides, natural & artificial flavors, soybean oil, annatto extract]), GREEN PEA, RED BELL PEPPER, SUGAR, CORN OIL, SESAME OIL, DISODIUM GUANYLATE, DISODIUM INOSINATE. CONTAINS WHEAT, SOYBEAN, EGG, MILK.

### Preparation Instructions:

**STEAMER:** cut off corner of polybag for venting. Place bag into stainless steel pan. Place pan into steamer. Steam for 20 minutes. Shake bag and return to steamer for an additional 20 minutes or until hot.

**MICROWAVE OVEN:** poke four holes in one bag to vent steam and place in a microwave oven. Cook on "High" for 6 minutes. Knead product in bag to ensure even cooking. Cook an additional 5 minutes or until hot. Cooking time may vary due to microwave wattage. \*Cook Thoroughly. Contents must be cooked thoroughly to a temperature of at least 165F.

### Pack Facts:

<b>Pack:</b>	12/2 lb
<b>Piece Count/Pkg:</b>	Not Applicable
<b>Piece Count/Case:</b>	Not Applicable
<b>Case Net Wt (Lbs):</b>	24
<b>Case Gross Wt (Lbs):</b>	25.5
<b>Case Dimension:</b>	17.375" x 14.75" x 6"
<b>Case Cube:</b>	0.89
<b>Cases/Pallet Layer:</b>	6
<b>Layers/Pallet:</b>	12
<b>Cases/Pallet:</b>	72

### Shelf Life:

<b>Frozen:</b>	1 year
<b>Refrigerated:</b>	3 days
<b>Holding @140° F:</b>	2 hours

## Nutrition Facts

Serving Size 1 cup (140 g)

Servings Per Container about 78

Amount Per Serving

**Calories** 210    **Calories from Fat** 30

**% Daily Value**

<b>Total Fat</b>	3.5 g	5%
Saturated Fat	0.5 g	3%
Trans Fat	0 g	
<b>Cholesterol</b>	30 mg	10%
<b>Sodium</b>	660 mg	28%
<b>Total Carbohydrate</b>	36 g	12%
Dietary Fiber	1 g	4%
Sugars	3 g	
<b>Protein</b>	8 g	
Vitamin A	8%	Vitamin C 2%
Calcium 2%		Iron 4%