

Yakisoba

| Nutrition Facts | | | |
|---------------------------------|--------|-------------------|-----|
| Serving Size 100 grams (100 g) | | | |
| Servings Per Container About 73 | | | |
| Amount Per Serving | | | |
| Calories | 290 | Calories from Fat | 130 |
| | | % Daily Value | |
| Total Fat | 14 g | | 22% |
| Saturated Fat | 1.5 g | | 7% |
| Trans Fat | g | | |
| Cholesterol | 0 mg | | 0% |
| Sodium | 900 mg | | 38% |
| Total Carbohydrate | 36 g | | 12% |
| Dietary Fiber | 1 g | | 4% |
| Sugars | 7 g | | |
| Protein | 4 g | | |
| Vitamin A | 0% | Vitamin C | 0% |
| Calcium | 0% | Iron | 10% |



Japanese style noodles with sesame soy sauce.

- All components are fully cooked.
- Minimum culinary experience required.
- Execution and preparation are simple and direct.
- Minimum equipment required for heating: microwave, combitherm or oven.

Ingredients: NOODLES: Water, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Cottonseed and/or Soybean Oil, Salt, Potassium Carbonate, Colored with FD&C Yellow #5 and FD&C Yellow #6. SAUCE: Soybean Oil, Sugar, Oyster Sauce (Water, Sugar, Salt, Oyster Extractives, Modified Corn Starch, Caramel Color), Water, Soy Sauce (Water, Wheat, Soybeans, Salt), Sesame Oil, Contains 2% or less of Chicken Base [Roasted Chicken, Salt, Hydrolyzed Wheat Gluten, Flavoring (Contain Hydrolyzed Corn Soy Wheat Gluten Protein, Yeast Extract, Torula Yeast), Sugar, Maltodextrin, Chicken Extract, Chicken Fat, Carrot Powder, Mushroom Powder, Turmeric (Color), Disodium Inosinate & Guanylate, Xanthan Gum], Spice, Caramel Color, Citric Acid, Xanthan Gum, Sodium Benzoate & Potassium Sorbate (As Preservatives). ALLERGENS: FD&C Yellow #5, FD&C Yellow #6, Oyster, Soy and Wheat.

Servings per Case: ~73
Meal Equivalency: 1/2 cup = 1 bread

Heating Instruction (1 — 1.5 lb Noodles, 1 — 8 oz Sauce):

OVEN: Thaw bag of sauce in warm water for approximately 2 minutes. Apply non-stick spray on pan. Remove frozen noodles from bag and place into pan. Open sauce bag and pour sauce over noodles. Cover pan with foil. Bake at 375°F for 1 hour or until hot, stirring once halfway through.*

*Internal temperature must reach 165°F for at least 15 seconds.

Case Information: Item#: 36440 Pack: 8/1.5lb, 8/8oz Sauce Net Wt: 16 lbs
Gross Wt: 17.5 lbs Case Dimension: 17.25"x10.25"x6.375" Cube: 0.65 T1xH1: 10x10