

SKU INFORMATION



Chicken Lo Mein Kit

Item Number: 40418

Product Description:

A favorite Chinese dish with Lo Mein noodles, chicken, cabbage, celery, onion and carrots mixed in a savory brown sauce with a hint of soy sauce and sesame oil.

Ingredient Statement:

NOODLES: Water, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Cottonseed and/or Soybean Oil, Salt, Potassium Carbonate, Sodium Carbonate, Colored with FD&C Yellow #5 and FD&C Yellow #6. SAUCE: SOYBEAN OIL, SUGAR, OYSTER SAUCE (Water, Sugar, Salt, Oyster Extractives, Modified Corn Starch, Caramel Color), WATER, SOY SAUCE (Water, Wheat, Soybeans, Salt), SESAME OIL, Contains 2% or less of: CHICKEN BASE [Roasted Chicken, Salt, Hydrolyzed Wheat Gluten, Flavorings (Contain Hydrolyzed Corn Soy Wheat Gluten Protein, Yeast Extract, Torula Yeast), Sugar, Maltodextrin, Chicken Extract, Chicken Fat, Carrot Powder, Mushroom Powder, Turmeric (Color), Disodium Inosinate & Guanylate, Xanthan Gum], SPICE, CARAMEL COLOR, CITRIC ACID, XANTHAN GUM, SODIUM BENZOATE & POTASSIUM SORBATE (As Preservatives). CHICKEN & VEG: Cabbage, Kakuni Chicken Dark Meat (Chicken Dark Meat, Water, Soy Sauce (Water, Wheat, Soybeans, Salt), Sugar, Sweet Cooking Rice Wine (Rice, Water, Koji (Aspergillus Oryzae), Sake Yeast (Saccharomyces Cerevise), Sugars, Salt), Sake (Rice, Water, Koji (Aspergillus Oryzae), Salt), Sodium Phosphate, Black Pepper, Soybean Oil), Celery, Onion, Carrots. ALLERGENS: Contains Oyster, Soy, Wheat, FD&C Yellow #5 and FD&C Yellow #6.

Preparation Instructions:

MICROWAVE: Open mater case and remove 1 bag Noodles, 1 bag Chicken/Vegetable and 1 bag Sauce. Poke 2-3 holes in bag of noodles and heat on high for 6 minutes. Knead noodles in bag to ensure even heating. Heat an additional 4 minutes. Poke 2-3 holes in bag of chicken/vegetable and heat on high for 6 minutes. Rotate and heat for an additional 4 minutes. Vent bag of sauce and place upright in a microwave safe container. Heat on high for 1 minute. Combine heated noodles, chicken/vegetables and sauce into a sanitized, food grade container. Toss until completely coated with sauce.* COMBITHERM: Set on steam cycle. Heat 1 bag of Noodles, 1 bag of Chicken/Vegetables and 1 bag of Sauce for 40 minutes. Empty bag of noodles in a sanitized, food grade container and loosen noodles. Cut corner of chicken/vegetable bag to remove excess liquid. Fold chicken/vegetable and sauce into noodles and toss until completely covered with sauce.* CONVENTIONAL OVEN: Thaw bag of sauce in warm water for approximately 2 minutes. Preheat oven to 375°F. Grease oven safe pan with cooking spray. Remove frozen noodles from bag and place into oven safe pan. Empty bag of frozen chicken/vegetable mixture over noodles. Open sauce bag and drizzle sauce over noodles and chicken/vegetables. Cover with foil and heat for 60 minutes or until hot*, stirring once halfway through. *Product must be 165°F or higher for at least 15 seconds.

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Pack Facts:

Pack:	4/1.5 lb Noodles, 4/1.5 lb Chicken & Veg, 4/1 lb Lo Mein Sauce
Piece Count/Pkg:	Not Applicable
Piece Count/Case:	Not Applicable
Case Net Wt (Lbs):	16
Case Gross Wt (Lbs):	17.5
Case Dimension:	17.25" x 10.25" x 6.375"
Case Cube:	0.65
Cases/Pallet Layer:	10
Layers/Pallet:	10
Cases/Pallet:	100

Nutrition Facts

Serving Size 3.5 oz (100 g)
Servings Per Container 73

Amount Per Serving			
Calories	200	Calories from Fat	90
		% Daily Value	
Total Fat	10 g	15%	
Saturated Fat	1.5 g	8%	
Trans Fat	0 g	0%	
Cholesterol	5 mg	2%	
Sodium	610 mg	25%	
Total Carbohydrate	22 g	7%	
Dietary Fiber	1 g	4%	
Sugars	7 g		
Protein	4 g		
Vitamin A	10%	Vitamin C	10%
Calcium	0%	Iron	6%

Shelf Life:

Frozen:	9 months
Refrigerated:	3 days
Holding @140° F:	2 hours